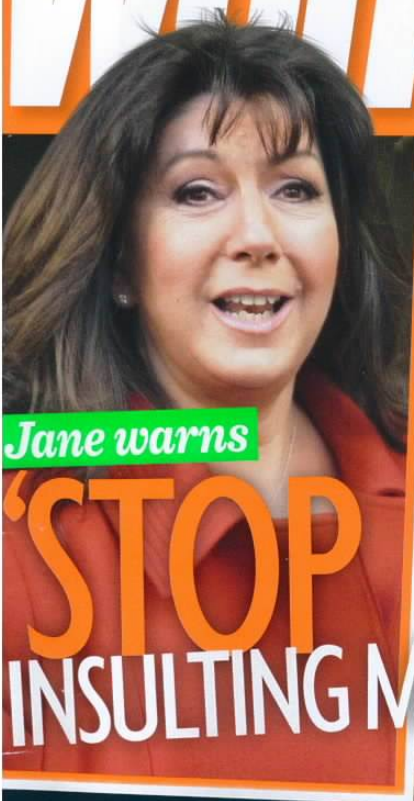


HAPPY BIRTHDAY! WE CELEBRATE 25 YEARS OF THIS MORNIN

30 SEPTEMBER 2013 95p

# Woman's Own



Jane warns

## 'STOP INSULTING ME!'



Holly slammed

## 'DON'T BE SO DRAMATIC!'

### Shock attack on TV presenter

FIND MY BABY!



Mum's hunt for stolen toddler

## TIME SAVER SPECIAL

Your life made easy!

15 Speedy beauty tricks



22 Best coats under £50



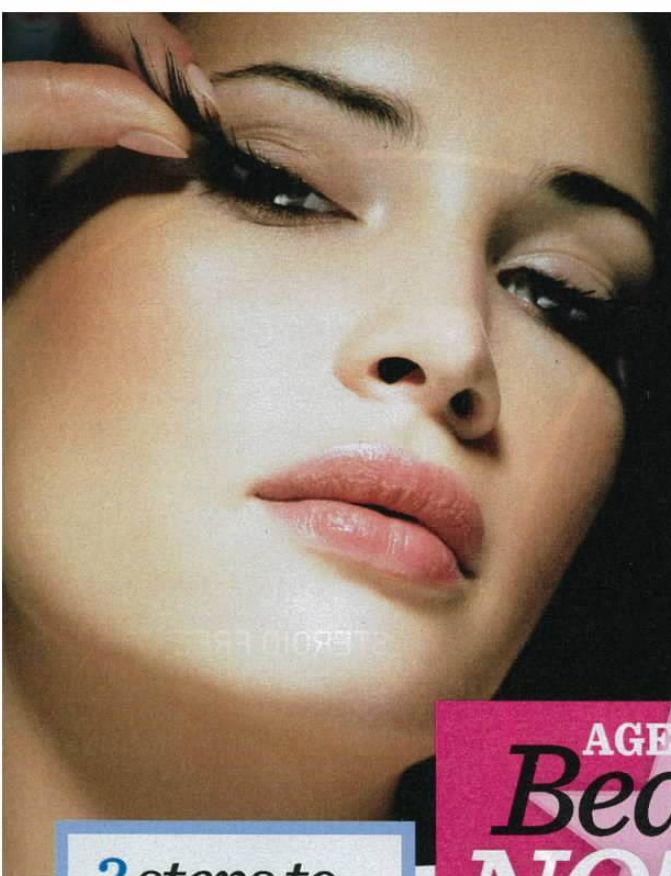
PLUS

## DIE! TIPS for busy women

**FREE** McCAI JACKET POTATOES  
WORTH £1.89  
UK only



Spain €2.85 Greece €2.65 Canada



## You look Klass!

Myleene Klass, 35, is about to add a beauty collection to her popular nail wraps and clothing line. Available exclusively at Littlewoods, the range features some colour-pop lipsticks, a suits-all smoky eye palette and a faux-glow kit to create a flawless year-round tan. Prices start at £15.



# AGE LESS Beauty NOTES

## 3 steps to... Longer lashes

Enhance your flutter to open and brighten eyes – it could be your best anti-ageing weapon.

### ◆ GROW YOUR OWN

Nourish lashes and boost growth with GOSH The Secret of Longer Lashes Serum, £14.99. Apply to the lash line every night before bed.



### ◆ FAKE IT

Eyelash extensions, from £75, nouveau lashes.co.uk, will create a youthful, wide-eyed look. It takes up to two hours and results can last as long as three months.

### ◆ PUT YOUR COAT ON

Sweep two layers of L'Oréal Paris Volume Million Lashes Excess Noir Mascara, £10.99, on to upper lashes to add length, impressive volume and jet-black colour – now prepare to smoulder!

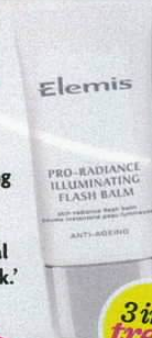


## Reader rated



### ELAINE JONES, 45, FROM WORTHING

'I can't live without my beauty essential, Elemis Pro-Radiance Illuminating Flash Balm (£32, timeto spa.co.uk). I use it as a primer, a light moisturiser or even instead of my usual foundation, to give my skin a fresh look.'



## Bizarre but true

They might not be the speediest of creatures, but when it comes to shedding years from your face, snails are super-efficient beauticians.

Using the ultra-healing, collagen-loaded properties of their slime, Dr Organic Snail Gel, £19.99, Holland & Barrett, helps to smooth lines and increase cell turnover.



3 in 1  
treat

## How I look younger

Kate Moss, 39, reveals her top skin pick-me-up. 'If I wake up in the morning and look tired and puffy, I fill a sink with ice and cucumber slices and submerge my face. It instantly tightens everything, making you look awake.'



## EXPERT ADVICE

'Suffering with a breakout? Dab Sudocrem, £2.11, on to spots overnight. It dries out and soothes blemishes'



STEPHANIE MAYLOR,  
BEAUTY EDITOR