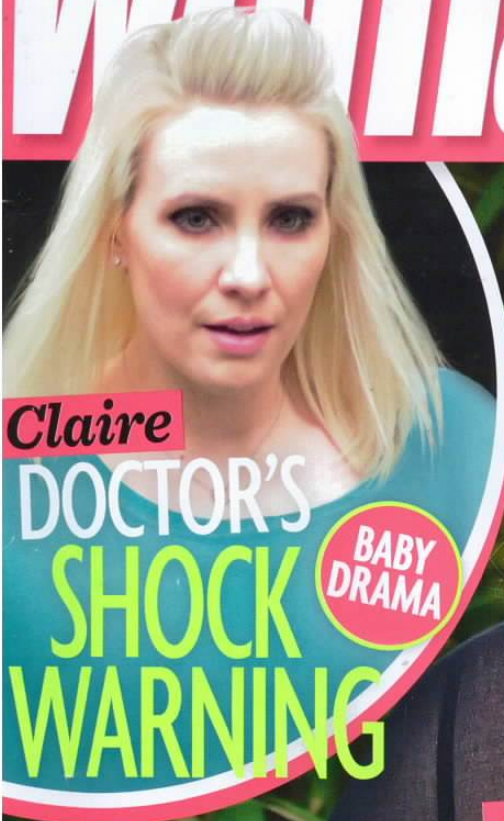


# Woman's Own



**Claire**  
**DOCTOR'S SHOCK WARNING**  
**BABY DRAMA**



**Linda**

**WIN**  
**A STEAM CLEANER**  
**Worth £99**



Spain €2.90 Greece €2.70 Canada

## 'IT'S A TERRIBLE ADDICTION

**NEW DIET CRAZE**  
**Will the 2:2 PLAN work for you?**

### FEARS OVER HER HEALTH

**SUMMER sandals**



**FROM £10**

**Plus ON TREND HANDBAGS**

**FROM £5**

**17 wearable styles YOU'LL LOVE**

**MY 7 YEAR OLD'S GOT ALZHEIMER'S**  
**Mum's agony for son**





# 3 steps to... longer lashes

Want to knock years off your face? Forget the facelift and focus on your lashes instead!

CLINIQUE lash power  
feathering mascara  
mascara extension cil à cil

## 1 Quick-fix flutter

The first rule to de-age your face is to curl your lashes. **QVS Eyelash Curler, 99p, Superdrug**, is a bargain. Position it at the base of your lashes, close gently and hold for 10 seconds, then release. Next,

apply two coats of **Clinique Lash Power Feathering Mascara, £18**. The fluffy, bristle-packed wand stretches lashes for a full, fanned-out look. We love Maybelline mascaras and their new **Colossal Go Extreme, £6.99**, doesn't disappoint on volume. Warning! Don't apply mascara to your lower lashes – it can create the look of dark circles.

## 2 Instant volume

False lashes are reusable and they're easier to apply than ever before. Add a thin layer of glue to the spine and wait 10-15 seconds for the adhesive to go tacky. Looking down into a mirror, apply to the lash line and press down gently. **Eylure Lengthening Lashes No 80, £4.95**, now have a reinforced curve to the band, so they're less likely to ping off at the inner or outer corner. **Bourjois 2-in-1 Tweezers and False Eyelash Applicator, £4.99**, is a useful tool for false first-timers to help place and press down lashes, minus clumsy fingers.

Fake it!

Just 99p

## 3 Long-term length

If your natural eyelashes are short and sparse, invest in a conditioning serum that delivers vitamins to the root. **Elizabeth Arden Prevage Lash Enhancing Serum, £85**, is pricey, but it really gets results. In two weeks, 100 per cent of testers saw longer lashes. For 24-hour glamour, treat yourself to semi-permanent extensions like **Nouveau Lashes, from £85, nouveaubeautygroup.com**. Individual eyelashes are glued on to your own to add length and volume for up to six weeks. They're definitely worth the splurge for a special occasion, like a wedding or birthday.

Go glam